

MINNESOTA LOCAL SECTION

FEBRUARY 6TH: *HOW TO FEEL AS BRIGHT AND CAPABLE AS THEY THINK YOU ARE!*

Speaker: Valerie Young, Ed.D., Dreamer in Residence at ChangingCourse.com

Location: Hamline University (http://www.hamline.edu/uploadedFiles/Hamline_WWW/About_Hamline/Documents/campus_map.pdf), 1536 Hewitt Ave, St. Paul, MN 55104. Closest parking is in Anderson Center (pay) and on Englewood Ave (free).

Business meeting - Anderson 304, Social – Anderson 304; Dinner – Anderson 304; Presentation – Drew Science Center, room 118.

Time: 5 pm - Business Meeting; 6 pm – Social & Dinner; 7:30 pm - Presentation

Cost: \$20 member / \$5 student

Menu: Dinner will be buffet, entrees: Flank Steak with a cider/dijon marinade, asiago and red pepper crusted chicken breast, and five spice salmon filet.

Meal Ticket: Go to the "Web Store" link to purchase meal reservations through PayPal.

Deadline: January 30, 2017

Abstract: Why do capable people suffer from the impostor syndrome and how can you thrive in spite of it. Do you chalk your accomplishments as a fluke or “no big deal? Do you think, “If I can do it, anyone can”? Do you feel like you’re just fooling your professors? If so, join the club! Millions of people around the world – from executives to college students and professors to Academy award winners— **secretly worry they’re not as bright and capable as other people “think” they are.** It’s called the Impostor Syndrome and there is a cure. Join us for an energetic workshop led by speaker and author, Dr. Valerie Young.

Speaker Bio: Dr. Valerie Young earned her doctoral degree from the University of Massachusetts in Amherst where she was also the founding coordinator of the Social Justice Education program. Dr. Valerie Young is an internationally-known speaker, a leading expert on the impostor syndrome, and author of award-winning book *The Secret Thoughts of Successful Women: Why Capable People Suffer from the Impostor Syndrome and How to Thrive in Spite of It*. Her career-related tips have been cited in these and dozens of other business and popular publications around the world. In addition Valerie has been interviewed on countless national and local radio programs in the US and Canada and on WPIX Channel 11 news in New York and Yahoo. A former manager of strategic marketing at a Fortune 200 company herself, Dr. Valerie Young has shared her highly relatable and practical advice to tens of thousands of executives, managers, and professionals at these and many other companies in the United States, Canada, and Europe. In addition to her work on impostors syndrome Valerie is widely recognized as a thought-leader on thinking outside the job box. Since 1995 she has been the founder and Dreamer in Residence at ChangingCourse.com – an online resource for people who want to make a living doing what they love... without a job. Over 24,000 people subscribe to the Changing Course Newsletter. And Valerie is the creator of the first and only training program that teaches people how to serve the career change needs of people who want to do their own thing. To date, over 350 people from 19 countries have trained with Valerie to become licensed Profiting from Your Passions® coaches. (<http://profitingfromyourpassioncoach.com/>)

Flyer (<http://mnacs.sites.acs.org/ACS-2-6-2016-Flyer%20Higher%20Ed.docx>)

Members Area

[Sign In](#) or [Register](#)


Upcoming Events

 **Chemists in the Library**

Saturday, Apr 6 at 1:30 PM - 3:30 PM

 **Chemists in the Library**

Saturday, Apr 27 at 1:30 PM - 3:30 PM

 **Chemists in the Library**

Saturday, Jun 8 at 1:30 PM - 3:30 PM

 **Chemists in the Library**

Saturday, Jun 29 at 1:30 PM - 3:30 PM

Featured Products

- [February 18th, 2019 Student Meal Ticket](#)

\$5.00



- [February 18th, 2019 Meal Ticket](#)

\$15.00

Copyright ©2016